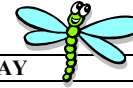


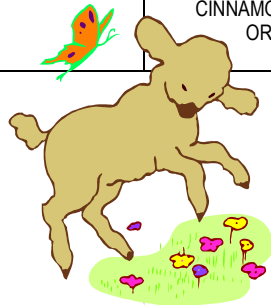
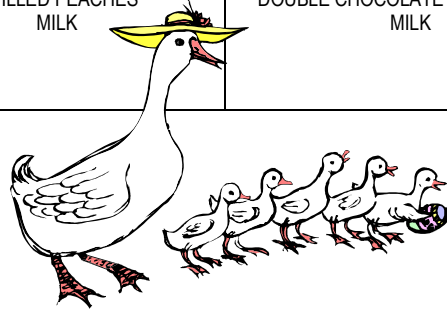
CUPERTINO UNION SCHOOL DISTRICT

APRIL 2010 - ELEMENTARY LUNCH MENU

http://cupertino.ca.campusgrid.net/home/Business+Services/Student+Nutrition+Services



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	AVERAGE NUTRIENTS
29 TOASTED CHEESE SANDWICH *TOASTED CHEESE SANDWICH POTATO SALAD FRUIT LEATHER HONEY BEAR COOKIES MILK	30 CHICKEN NUGGETS W/BISCUIT *CHEESE CALZONE GARDEN SALAD FRESH APPLE SLICES RAISINS SUGAR COOKIE MILK	31 BBQ PORK/WHEAT BUN W/ TATER TOTS *CHEESE BREAD PRETZELS ORANGE JUICE BAR CHILLED PEACHES MILK	1 MANDARIN ORANGE CHICKEN W/ STEAMED WHITE RICE *HOT CHEESE BREAD STICK W/ YOGURT BABY CARROTS CHILLED APPLESAUCE LEMON GRAHAM COOKIE MILK	2 CHEESE PIZZA *CHEESE PIZZA CELERY STICKS CHILLED PEARS SPRING COOKIE MILK	Calories 774 Total Fat 30 % Protein 31 G Calcium 623 Mg Iron 3.9 Mg Vitamin C 24.1 Mg Vitamin A 2762 IU
5 TURKEY PIZZA POCKET *BEAN & CHEESE BURRITO JICAMA STICKS ANIMAL CRACKERS CHILLED APPLESAUCE MILK	6 MINI TURKEY CORN DOGS W/ VEGETARIAN BEANS *VEGETARIAN HOT DOG/BUN W/ VEGETARIAN BEANS APPLE SLICES OATMEAL RAISIN COOKIE MILK	7 CHEESE PIZZA *CHEESE PIZZA GARDEN SALAD CHILLED PEARS CUCUMBER COINS CHOCOLATE CHIP COOKIE MILK	8 TERIYAKI CHICKEN W/ STEAMED WHITE RICE *CHILI CHEESE WRAP MIXED FRUIT ZUCCHINI STICKS STRAWBERRY GOLDFISH CRACKERS MILK	9 CHICKEN PATTY/WHEAT BUN W/ TATER TOTS *GARDEN BURGER/BUN W/CHEESE ORANGE WEDGES FRUIT JUICEE MUNCHIE MIX MILK	Calories 720 Total Fat 28 % Protein 31 G Calcium 504 Mg Iron 4.9 Mg Vitamin C 36.8 Mg Vitamin A 1097 IU
SPRING RECESS 4/12-4/16/10 (MURDOCK-PORTAL SCHOOL RECESS 4/5-4/16/10)					
19 MINI CHEESEBURGERS *CHEESE CALZONE CHEDDAR CHEESE CRACKERS FRUIT LEATHER CHILLED PEACHES MILK	20 CHICKEN NUGGETS W/ TATER TOTS *TOASTED CHEESE SANDWICH WHOLE WHEAT ROLL CHILLED APPLESAUCE DOUBLE CHOCOLATE CHIP COOKIE MILK	21 BREAKFAST FOR LUNCH! FRENCH TOAST STICKS W/SYRUP BEEF SAUSAGE PATTIES *FRENCH TOAST STICKS W/ CHEESE CUBES CHILLED PEARS CINNAMON BEAR COOKIES ORANGE JUICE MILK	22 CHEESE PIZZA *CHEESE PIZZA GARDEN SALAD FRESH KIWI SOUND BITE COOKIES MILK	23 CHICKEN PATTY/WHEAT BUN W/ TATER TOTS *VEGETABLE CURRY/CHEESE W/ STEAMED WHITE RICE CELERY STICKS FRESH APPLE SLICES SUGAR COOKIE MILK	Calories 802 Total Fat 31 % Protein 32 G Calcium 495 Mg Iron 3.9 Mg Vitamin C 44 Mg Vitamin A 1017 IU



* = VEGETARIAN ENTRÉE

MEAL PRICES

STUDENT LUNCH WITH MILK	\$2.75
STUDENT REDUCED LUNCH	.40
MILK OR JUICE	.75
ADULT LUNCH	\$3.25
(ALL LUNCHES INCLUDE MILK)	

PLEASE MAKE CHECKS PAYABLE TO **C.U.S.D. STUDENT NUTRITION SERVICES.**
CHECKS RETURNED FROM THE BANK WILL HAVE A \$12.50 SERVICE CHARGE.

To prepay for your student's meal online log on to
www.paypams.com or call PAMS Lunchroom at
1-888-994-5100.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

PARENTS CORNER:

1. A STUDENT WITH INSUFFICIENT FUNDS ON THEIR ACCOUNT WILL BE REQUIRED TO HAVE CASH TO PARTICIPATE IN THE LUNCH PROGRAM.
2. FOR ALL RETURNED CHECKS, PARENTS MUST SEND CASH WITH THEIR CHILD FOR MEALS UNTIL THE CHILD'S ACCOUNT IS CURRENT.
3. YOUR CHILD MAY BE SERVED AN ALTERNATE FOOD ITEM IF HE/SHE HAS A NEGATIVE BALANCE OR DOES NOT HAVE MONEY FOR MEALS.
4. YOUR CHILD WILL HAVE A CHOICE OF 1 OUT OF 2 ENTREES FOR LUNCH. PLEASE REVIEW THE MENU DAILY WITH YOUR CHILD TO HELP HIM/HER DECIDE ON A CHOICE OF ENTRÉE.
5. SCHOOL LUNCHES MUST BE CONSUMED ON CAMPUS.

Menu
subject
to
change